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*The Counseling Center for the
Lesbian, Gay, Bisexual and Transgender Community*

Training Information Packet

2009-2010

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Clinical Training Director
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Agency Contact Information

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New Leaf is a community-based, outpatient mental health center specifically serving the lesbian, gay, bisexual, transgender, queer, questioning, and intersex (LGBTQQI) communities. New Leaf provides individual, group, and couples therapy for clients that present with a wide range of mental health, substance abuse and HIV issues. We target some services specifically to women, persons with HIV, transgender individuals, seniors, the disabled and youth/young adults. Many of the clients who are seen at New Leaf have dual and triple diagnoses. We see a mix of publicly-funded clients and low-to-moderate income private fee clients.

Hours of Operation

Monday – Thursday 9:00 a.m. – 9:00 p.m.
Friday 9:00 a.m. – 7:00 p.m.

Training Program Description

An 11-month intensive clinical training program is provided to masters and doctoral students. The internship responsibilities include providing direct clinical services in the following areas:

- ∞ Intake evaluation and treatment planning
- ∞ Long and short-term individual therapy
- ∞ Group therapy
- ∞ Couples therapy
- ∞ Case management brokerage
- ∞ Crisis intervention and referral

Individual clinical supervision, group supervision, didactic trainings, agency wide in-services, cultural competency trainings, peer review and staff meetings are required.

Trainees will gain a rich experience working with a diverse LGBT population and will also have the opportunity to work with the following communities:

- ∞ Persons with HIV
- ∞ Women
- ∞ Transgender Individuals
- ∞ Persons with Substance Abuse Problems
- ∞ Disabled Individuals
- ∞ Trauma Survivors
- ∞ Seniors & Youth (limited opportunities)



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Training Program Timeframe

September 3rd, 2009 – July 31st, 2010. Most trainees contract for 20 hours per week.

Commitment to Diversity

Lesbian, gay, bisexual and transgender individuals are strongly encouraged to apply as well as people of color, persons with physical disabilities and/or HIV, and persons in substance abuse recovery. Bi-lingual students especially Spanish-speaking are also encouraged to apply. New Leaf is committed to creating a diverse and multicultural environment.

Application Process

Students, who are interested in a training position at New Leaf, please submit the following to Michelanne Baker, Psy.D. (Contact info on page 1):

- ∞ Letter of intent: please include previous experience and/or interest working with LGBT community
- ∞ Resume/CV
- ∞ Two letters of recommendation

Previous clinical experience is preferred as well as sensitivity to lesbian, gay, bisexual and transgender community issues.

Applications can be submitted as early as Jan 1st, 2009. Applicants will be contacted for interviews in February and interviewing will continue through March of 2009 or until all slots are filled. Students will be accepted on a rolling admission basis with early applicants having a greater advantage. Those

Stipend

New Leaf offers no stipend. However, Community Behavioral Health Services offers stipends to multicultural students who provide services to mental health clients.

Number of Openings

18-20 training slots are available. We typically receive over 100 applications.

Bilingual Services

New Leaf currently has clinical staff that provides services in Spanish and English.



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Overview of Internship

Training Director 2008-2009

Michellanne Baker, Psy.D.

Supervisory Staff 2008-2009

SUPERVISOR	DEGREE	F/T	P/T	VOLUNTEER	ORIENTATION
Avila, Kevin	LMFT			✓	Psychodynamic, Harm Reduction
Baker, Michellanne	Psy.D.	✓			Self-Psychological, Control-Mastery
Buscemi, Raymond	Psy.D.			✓	Psychodynamic
Chang, Rafael	LFMT			✓	Psychodynamic, Self-Psychological
Chow, Lani	Ph.D.			✓	Psychodynamic
Erhbar, Randall	Psy.D.	✓			Integrative
Francoeur, Robert	LMFT			✓	Psychodynamic, Harm Reduction
Henry, Sandee	LMFT			✓	Intersubjective, Self-Psychological
Hinman, Kirk	Ph.D.			✓	Integrative
Holladay, Shanna	LMFT			✓	Self-Psychological
Hsu, Helen	Psy.D.			✓	Psychodynamic, Multicultural
Paven, Natalie	LCSW			✓	Psychodynamic, Self-Psychological
Marquez, Mitch	LCSW		✓		Psychodynamic
Ogasawara, Shinobu	Psy.D.	✓			Harm Reduction, Multicultural
Perez, Luis	Psy.D.			✓	Psychodynamic
Riley, Sean	Psy.D.			✓	Psychodynamic, CBT
Weipert, Chris	LMFT			✓	Self-Psychodynamic, Relational
Yu, Danny	LCSW			✓	Psychodynamic, Relational
Salisbury, Susan	Ph.D.			✓	Psychodynamic

Individual supervision provided by multicultural staff includes the following supervisors: Lani Chow, Rafael Chang, Mitch Marquez, Shinobu Ogasawara, Luis Perez, Helen Hsu, and Danny Yu.

Communities Served (Estimate)

Life Cycle

Adults	79%
Adolescents	07%
Young Adults (19-24)	11%
Older Adults 55+ (subset of adults)	06%

Ethnic/Cultural Identity

African American	11%
Asian/Asian American	05%
Euro-American	63%
Latino/Latina	10%



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Native American	01%
Other (Biracial/Multiracial)	10%

Sexual Orientation

Gay/Lesbian/Bisexual/Queer	86%
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Gender

Women	28%
Men	60%
Transgender	11%

Intern Trainings

See separate section for last year's Training Curriculum

- ∞ Two hours per week – General Mental Health & Psychotherapy Training
- ∞ One hour per week – HIV/Substance Abuse Seminar
- ∞ One hour per month – Trans Consultation Meeting (optional)

Case Conferences

All students will attend one hour per month peer review case conference on the first Thursdays of the month from 12:00 p.m. – 1:00 p.m. All interns are required to present one case per year at this meeting. There are also opportunities in the HIV/Substance Abuse Seminar to discuss cases.

Other Didactic Trainings

Once a month an all staff in-service training is held on the third Thursdays of the month from 12:00 p.m. – 1:00 p.m.; quarterly cultural competency trainings are held on the fifth Thursdays from 12:00 p.m. – 2:00 p.m.

Multicultural Training

Trainings primarily focus on multicultural issues within the lesbian, gay, bisexual, transgender, and queer communities. We strive to integrate and incorporate other cultural issues such as ethnicity, race, SES, disability/health status, religious/spiritual orientation into all trainings. In addition, we provide specific trainings on multicultural issues that are included in the training seminars and previously mentioned staff in-services and cultural competency trainings.

Required Attendance

Interns must be present in the agency during the following times:

- ∞ Thursday, 9:00 a.m. – 2:00 p.m. (includes didactic seminars, staff meetings, and in-services, etc.).
- ∞ Group supervisions will be determined by August 2009 (most likely arranged on Tuesdays or Fridays).
- ∞ Trainees must be willing to complete their hours over three days.



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Thursday Intern Training Schedule
from 9:00 a.m. to 11:00 a.m.

Next year's didactic series is being developed and covers many of the same topics presented here.

Fall Schedule

- Sept. 4th** Intern Orientation **9:00 a.m.-3:00 p.m.
- Sept. 11th** Building a Therapeutic Alliance : Michelanne Baker, Psy.D.
- Sept. 18th** Community Behavioral Health Services Orientation
- Sept. 25th** Culturally Competent Care with FTM Clients who Have Sex with Men: Jackson Bowman (Trans Thrive)
- Oct. 2nd** Crisis Intervention: Assessing Risk & Creating Safety Plans: Brad Harms, MFT
- Oct. 9th** Intakes and Interviewing: Chris Holleran, MFTI
- Oct. 16th** Setting a Fee: Money and Countertransference: Michelanne Baker, Psy.D.
- Oct. 16th** Make No Assumptions-Women and Disability: Mothertongue Feminist Theatre Collective
- Oct. 23rd** Introduction to Self-Psychology: Phern Hunt, MFT
- Oct. 30th** Working with Difference in the Therapeutic Dyad: Tim Ramsey, Ph.D.
- Oct. 30th** Developing Ethnocultural Awareness: Multicultural Competency Committee
- Nov. 6th** Identifying Transference and Countertransference From a Self-Psychological Perspective
Chris Weipert, MFT
- Nov. 13th** Creating Professional Boundaries and Navigating Dual Relationships: David Olem, MFT
- Nov. 20th** Working with Latino(a) Clients in the LGBT Community: Nina Moreno, ASW
- Dec. 4th** Introduction to Group Therapy: Gordon Murray, LCSW
- Dec 11th** Clinicians of Color Working with White Clients: Darlene Hall, Ph.D.
- Dec 17th** Transgender Emergence: A Developmental Model: Randall Ehrbar, Psy.D.



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Winter/Spring Schedule

- Jan. 8th** Working with Asian and Pacific Islanders in the LGBT Community: Rafael Chang, MFT
- Jan. 15th** Introduction to Working with Trauma: Michelanne Baker, Psy.D.
- Jan. 15th** Self Care for the Mental health Professional: Amy Peterson, MFT
- Jan. 22nd** Intersubjective Theory: Jennifer Carlin, MFT
- Jan. 29th** Working with Borderline PD from a Self-Psychological Perspective: Phern Hunt, MFT
- Jan. 29th** Multicultural Considerations in Treating Eating D/O: Marcella Raimondo, MPH
- Feb. 5th** DBT from a Feminist Perspective: Becky Newman, Psy.D.
- Feb. 12th** Working with Couples from the Gottman Model-Part I: Annie Schuessler, MFT
- Feb. 19th** Working with Couples from the Gottman Model-Part II: Annie Schuessler, MFT
- Feb. 19th** Coming Out in a Multicultural Context: “Being Gay and Asian”: Trinity Ordoná, Ph.D. (City College)
- Feb. 26th** Impact of Class on Therapy: Ricki Boden, MFT, LCSW
- March 5th** Bisexuality and Relationships: Tameeza Samji, Psy.D.
- March 12th** Sexual Risk and Risk Reduction: Tim Matheson, Ph.D.
- March 19th** Control-Mastery Theory: Michelanne Baker, Psy.D.
- March 19th** Assessment of Complex Trauma: Vanessa Kelly, Psy.D. (Trauma Recovery Center)
- March 26th** Working Intersubjectively with Adult Children of Alcoholics: Lynn Crawford, LCSW
- April 2nd** Crystal Methamphetamine and the LGBT Community: Steve Harlow, MFT
- April 9th** Understanding Sexism and Transphobia toward Trans Women: TBA
- April 16th** Group Psychotherapy: Shinobu Ogasawara, Psy.D.
- April 23rd** Therapists’ Use of Self in Psychotherapy: Sandee Henry, MFT
- April 30th** Working with LGBT Veterans: TBA
- May 7th** Working with African American Lesbians: Intersection of Racism, Sexism, & Homophobia: TBA
- May 8th** Psychoanalytic Psychotherapy with Queer Clients: Lisa Bertzoff, LCSW



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- May 14th** Working with Jewish Clients in the LGBT Community: Karen Erlichman, LCSW (Jewish Mosaic)
- May 21st** Termination-Part I: Michelanne Baker, Psy.D.
- May 21st** Working with Polyamorous Clients: Dossie Easton, MFT (Author of *The Ethical Slut*)
- May 28th** Working with Sex Workers: TBA
- June 4th** Queer Parenting Panel: TBA
- June 11th** Clinical Issues Related to the Experience of Being Adopted: TBA
- June 18th** Termination Case Discussion-Part II: Michelanne Baker, Psy.D

HIV Mental Health and Substance Abuse Trainings:

- Stages of Change, pt. 1 & 2
- Motivational Interviewing, pt. 1 & 2
- HIV Basics, pt. 1 & 2
- Abstinence & 12 Step Model, pt. 1 & 2
- Harm Reduction Model and Interventions, pt. 1 & 2
- Medical Update: current state of HIV care – Project Inform, pt. 1 & 2
- Hierarchy of Sexual Risk Behaviors for HIV
- HIV Risk Reduction Counseling
- HIV – Legal and Ethical Concerns for Therapists
- Depression and HIV
- Interface of HIV, Trauma, and PTSD
- Psychopharmacology & HIV Infected Clients
- HIV Issues in Psychotherapy: Managing Medication Side-Effects, Medication Compliance, etc.
- Mixed-Serostatus Couples
- Women and Substance Abuse
- Women and HIV – WORLD (Women Organized to Respond to Life Threatening Diseases)
- People of Color and HIV
- Transgender Community and HIV